



# 2026 4Days Marches Regulations for Military Participants

As adopted by the board on 27 November 2024, last amended on 15 October 2025

## General provisions

### Article 1: Military participation

It is possible to participate in the 4Days Marches as a military serviceman or servicewoman (individually or as part of a detachment). However, such participation is subject to specific terms and conditions.

All regulations governing the 4Days Marches apply in full to all military participants, with the exception of the *Registration Regulations*. The 2026 regulations for military participants contain rules governing the participation of individual military servicemen and servicewomen, and military detachments.

### Article 2: Definition of a military participant

A military participant is defined as someone who, under the applicable military legislation and regulations, belongs to a Dutch or foreign military force (and/or can be considered as equal).

### Article 3: Official military delegations

Military participants who belong to the military forces of Denmark, Germany, France, Finland, Norway, the United States of America, the United Kingdom, Sweden and Switzerland, as well as the Netherlands are considered to be participants in an official military delegation. Stichting DE 4DAAGSE establishes further rules relating to the status of an official military delegation.

The maximum number of registrations, as well as the maximum number for each nationality, is determined by Stichting DE 4DAAGSE.

Additional rules for military participants belonging to an official military delegation will be published separately, and will include provisions relating to a different registration period.

### Article 3A: Dutch military participants

Dutch military participants must follow the instructions issued by Commando Landstrijdkrachten (CLAS, the Royal Netherlands Army), as well as the regulations set by Stichting DE 4DAAGSE. Please refer to [www.4daagse.nl](http://www.4daagse.nl) and the provisions laid down in or

pursuant to the 2026 Rules and Regulations of the International 4Days Marches (*Regeling Internationale Vierdaagse Afstandsmarsen Nijmegen*), VS2-1100.

## **Article 4: Small contingents**

Military participants who belong to the military forces of a different country to the official military delegations are considered to be participants in small contingents. The maximum number of registrations is determined by Stichting DE 4DAAGSE.

## **Article 5: Registration period for small contingents**

There are 2 registration periods:

### Period 1

From Monday 26 January 2026 (10.00 hrs) until the maximum number of participants for small contingents as set by Stichting DE 4DAAGSE has been reached or, if the maximum number of participants is not reached, until Friday 6 February 2026 (17.00 hrs) for all military participants in small contingents registering or being registered in a detachment and all individual participants in small contingents who have completed a regulation distance of the 4Days Marches at least once over the past 10 years (between 2016 and 2025).

### Period 2

For all military participants in small contingents: from Monday 9 February 2026 (10.00 hrs) until the maximum number of participants as set by Stichting DE 4DAAGSE has been reached or, if the maximum number of participants is not reached, until Friday 5 June 2026 (17.00 hrs).

After closure of the registration period, a civilian registration cannot be converted into a military registration, nor can a military registration be converted into a civilian registration.

## **Article 6: Exception to the ban on carrying objects**

Objects, including pennants and flags, that identify the forces or parts of the forces that the detachment or the participant belongs to are not classed as forms of advertising, and are permitted as long as they do not present a danger or hindrance.

## **Provisions relating to individual military participants**

## **Article 7: Registration and payment by small contingents**

Individual participants can only register through the registration module on the website [www.4daagse.nl](http://www.4daagse.nl). They will be required to pay the registration fee as per the guidelines of

Stichting DE 4DAAGSE. Failure to pay (in full and on time) shall render the registration null and void, in accordance with Dutch law.

Stichting DE 4DAAGSE shall confirm participation of those who have registered correctly and whose registration is acceptable in accordance with the regulations.

## **Article 8: Refusal of registration**

Stichting DE 4DAAGSE may refuse the registration of anyone registering more than once in the name of the same natural person, unless there is evidence that the person registering was not at fault. Stichting DE 4DAAGSE may also refuse the registration if the person registering cannot satisfactorily meet the request to submit proof of the data registered.

## **Article 9: Transfer by small contingents**

From 1 working day (Monday to Friday) after the moment that the number of participants as specified in Article 4 has been reached until 17.00 hrs on Friday 5 June 2026, individual participants in small contingents may transfer their starting ticket to someone else in the manner laid down by Stichting DE4DAAGSE. Starting tickets cannot be transferred in a manner other than the manner referred to above.

## **Provisions relating to military detachments**

### **Article 10: Conditions applicable to detachments**

At the start of the event on the first walking day, a detachment shall comprise at least 11 (eleven) military participants registered by name. The right to participate as a detachment may expire if the detachment fails to meet the requirement of having at least 11 participants at the start. A maximum of 41 (forty-one) participants can be registered for a single detachment.

All members of the detachment must wear the same uniform. They are required to walk the whole of the 4Days Marches as a detachment. Detachments start from Heumensoord and may only walk the daily distance of 40km (distance colour: green). If applicable, they will walk with ten kilograms of marching kit.

### **Article 11: Registration of small contingents**

To register a military detachment, the detachment commander for the small contingents can contact the Service Desk, which will handle the registration. Detachments are formed immediately upon registration. Details to be specified for all participants registering as a detachment include the name, date of birth and registration number. Detachments registered during registration period 1 must comprise at least 11 (eleven) members registered by name by 6 February 2026 (17.00 hrs). If this condition is not met, the detachment will be disbanded and small contingent participants who have completed the

4Days Marches at least once over the past 10 years will take part in the 4Days Marches as individual participants and be governed by the relevant regulations.

The registration of all other participants will be cancelled. These participants can re-register during the second registration period as specified in Article 5.

Detachments may also register during registration period 2 if the maximum number of participants has not been reached in registration period 1. By the time registration closes, every detachment must comprise at least 11 members registered by name. If this condition is not met, the detachment will be disbanded and the members will walk the 4Days Marches as individual participants and be subject to the relevant regulations. It is not possible to form a detachment after the close of registration.

## **Article 12: Detachment commander and/or contact person**

The detachment commander will be the organisation's sole point of contact and all communication will run through him or her. The detachment commander monitors and promotes compliance with the regulations during the 4Days Marches on the part of the detachment and anyone who may affect the detachment and is responsible for the detachment at all times. It is the responsibility of the detachment leader to properly notify the detachment participants of any changes he or she makes, or has someone else make, to the detachment.

## **Article 13: Changes after the registration period**

Once the registration period has closed, it will still be possible for small contingents to change the (names of) existing detachment participants until 17.00 hrs on 21 June 2026. A participant may be replaced by a person who has not yet been registered.

It is also possible to add registered individual military participants to the detachment, unless the individual participant has not specified accommodation at Camp Heumensoord in their individual registration. Detachment participant registrations can also be converted into individual registrations.

Additional rules for participants belonging to an official military delegation will be published separately.

## **Article 14: Signing in**

The detachment commander is to report to the relevant registration desk for detachments to collect the bar code carriers (in the form of wristbands) and documents for the whole detachment.

In connection with checks to verify the identity of participants, the detachment leader should carry (photocopies of) documents proving the participants' identity.

No changes of any kind whatsoever can be made on the sign-in days.

## **Article 15: Walking behaviour**

Detachments will walk with two or three persons side by side, but with a maximum of two persons side by side when passing other groups, so as to minimise obstruction to other participants as far as possible.

## **Article 16: Checkpoints**

The detachment commander is responsible for ensuring that each detachment member is wearing the correct bar code carrier. Checks will be made as to whether the detachment is complete at the start, at various intervals en route and at the finish. It should be noted that, as well as the planned checkpoints, there may also be additional, unexpected checkpoints. It is also stressed that detachment members should be able to prove their identity when asked to do so.

## **General provisions**

### **Article 17: Rest and/or treatment area**

Any rest and/or treatment areas along the walking route must be set up before the route is closed to traffic. Vehicles can only leave a rest and/or treatment area after the route has been reopened to traffic. The relevant council or landowner must grant permission for such a rest and/or treatment area to be set up. In exceptional cases, an access sticker can be requested from Stichting DE 4DAAGSE, which will enable a vehicle to access the route. The terms and conditions for requesting such stickers and the associated request form are available by emailing [info@4daagse.nl](mailto:info@4daagse.nl).

### **Article 18: Entry**

In consultation with Stichting DE 4DAAGSE, the Commander of the Central Military Support Command (CVM) determines the manner and scale of the detachments' departure from Charlemagne. The subsequent entry along 'Via Gladiola' is part of the official route.

### **Article 19: Provision of personal data**

Anyone registering accepts that Stichting DE 4DAAGSE will share their personal data with the Dutch Ministry of Defence.

### **Article 20: Acceptance of these regulations**

By registering to participate in the 4Days Marches the participant declares that he/she is familiar with and accepts the provisions laid down by or pursuant to these rules and regulations.

### **Article 21: Final provision**

Any cases not provided for by these rules and regulations shall be decided by the board of Stichting DE 4DAAGSE.

### **Article 22: Citation provision**

These rules and regulations may be referred to as the *2026 4Days Marches Regulations for Military Participants*.