



Stichting DE 4DAAGSE

Postbus 1296, 6501 BG Nijmegen, Netherlands

www.4daagse.nl



Press release 2022.005

Nijmegen, July 2022

## 104<sup>th</sup> 4Days Marches Facts & Figures

Figures as at 1 July 2022

**Total number of registrations: 42,175**

**Number of civilian participants: 35,576**

### Number of military participants

The number of military participants registered in 2022 is 6,400, with 2,561 of these from the Netherlands, 3,550 from countries sending delegations, and the final 289 from the small contingents.

### Nationalities

The number of different nationalities among civilian participants who have registered is: 69

	Country		
1	Afghanistan	36	Malta
2	Argentina	37	Malawi
3	Austria	38	Mexico
4	Australia	39	Malaysia
5	Belgium	40	Netherlands
6	Brazil	41	Nigeria
7	Belarus	42	Norway
8	Canada	43	Nepal
9	Switzerland	44	New Zealand
10	China	45	Oman
11	Colombia	46	Poland
12	Cyprus	47	Palestine
13	Czech Republic	48	Portugal
14	Germany	49	Romania
15	Denmark	50	Russia
16	Spain	51	Sweden
17	Finland	52	Singapore
18	France	53	Slovenia
19	United Kingdom	54	Slovakia
20	Greece	55	Sierra Leone
21	Hungary	56	Suriname
22	Indonesia	57	Syria
23	Ireland	58	Thailand
24	Israel	59	Timor-Leste

<b>25</b>	India	<b>60</b>	Turkey
<b>26</b>	Iran	<b>61</b>	Taiwan
<b>27</b>	Italy	<b>62</b>	Tanzania
<b>28</b>	Japan	<b>63</b>	Ukraine
<b>29</b>	Kenya	<b>64</b>	United States
<b>30</b>	Kazakhstan	<b>65</b>	Venezuela
<b>31</b>	Lebanon	<b>66</b>	Vietnam
<b>32</b>	Lithuania	<b>67</b>	South Africa
<b>33</b>	Luxembourg	<b>68</b>	Zimbabwe
<b>34</b>	Latvia	<b>69</b>	Ethiopia
<b>35</b>	Madagascar		

The number of different nationalities among military participants is: 34

	<b>Country</b>		
<b>1</b>	Austria	<b>18</b>	Netherlands
<b>2</b>	Australia	<b>19</b>	Norway
<b>3</b>	Belgium	<b>20</b>	Romania
<b>4</b>	Canada	<b>21</b>	Singapore
<b>5</b>	Czech Republic	<b>22</b>	Slovenia
<b>6</b>	Germany	<b>23</b>	Ukraine
<b>7</b>	Denmark	<b>24</b>	United States
<b>8</b>	Egypt	<b>25</b>	Finland
<b>9</b>	Spain	<b>26</b>	Sweden
<b>10</b>	France	<b>27</b>	Switzerland
<b>11</b>	United Kingdom	<b>28</b>	Senegal
<b>12</b>	Ghana	<b>29</b>	Nepal
<b>13</b>	Greece	<b>30</b>	Malaysia
<b>14</b>	Hungary	<b>31</b>	Fiji
<b>15</b>	Ireland	<b>32</b>	Portugal
<b>16</b>	Italy	<b>33</b>	Saint Vincent and the Grenadines
<b>17</b>	Luxembourg	<b>34</b>	Poland

The number of different nationalities among all participants in the 104<sup>th</sup> 4Days Marches is: 74

	<b>Country</b>		
<b>1</b>	Afghanistan	<b>38</b>	Madagascar
<b>2</b>	Argentina	<b>39</b>	Malta
<b>3</b>	Austria	<b>40</b>	Malawi
<b>4</b>	Australia	<b>41</b>	Mexico
<b>5</b>	Belgium	<b>42</b>	Malaysia
<b>6</b>	Brazil	<b>43</b>	Netherlands
<b>7</b>	Belarus	<b>44</b>	Nigeria
<b>8</b>	Canada	<b>45</b>	Norway
<b>9</b>	Switzerland	<b>46</b>	Nepal
<b>10</b>	China	<b>47</b>	New Zealand
<b>11</b>	Colombia	<b>48</b>	Oman
<b>12</b>	Cyprus	<b>49</b>	Poland
<b>13</b>	Czech Republic	<b>50</b>	Palestine
<b>14</b>	Germany	<b>51</b>	Portugal

<b>15</b>	Denmark	<b>52</b>	Romania
<b>16</b>	Egypt	<b>53</b>	Russia
<b>17</b>	Spain	<b>54</b>	Sweden
<b>18</b>	Ethiopia	<b>55</b>	Singapore
<b>19</b>	Finland	<b>56</b>	Slovenia
<b>20</b>	France	<b>57</b>	Slovakia
<b>21</b>	United Kingdom	<b>58</b>	Sierra Leone
<b>22</b>	Ghana	<b>59</b>	Suriname
<b>23</b>	Greece	<b>60</b>	Syria
<b>24</b>	Hungary	<b>61</b>	Thailand
<b>25</b>	Indonesia	<b>62</b>	Timor-Leste
<b>26</b>	Ireland	<b>63</b>	Turkey
<b>27</b>	Israel	<b>64</b>	Taiwan
<b>28</b>	India	<b>65</b>	Tanzania
<b>29</b>	Iran	<b>66</b>	Ukraine
<b>30</b>	Italy	<b>67</b>	United States
<b>31</b>	Japan	<b>68</b>	Venezuela
<b>32</b>	Kenya	<b>69</b>	Vietnam
<b>33</b>	Kazakhstan	<b>70</b>	South Africa
<b>34</b>	Lebanon	<b>71</b>	Zimbabwe
<b>35</b>	Lithuania	<b>72</b>	Senegal
<b>36</b>	Luxembourg	<b>73</b>	Fiji
<b>37</b>	Latvia	<b>74</b>	Saint Vincent and the Grenadines

## Number of participants walking for reward X

Reward	Men	Women	Total
<b>1</b>	7,152	5,773	12,925
<b>2</b>	2,102	1,896	3,998
<b>5</b>	939	699	1,638
<b>10</b>	712	484	1,196
<b>25</b>	145	37	182
<b>40</b>	24	11	35
<b>50</b>	13	2	15
<b>51</b>	7	2	9
<b>52</b>	3	1	4
<b>53</b>	5	1	6
<b>54</b>	7	0	7
<b>55</b>	7	0	7
<b>56</b>	2	0	2
<b>57</b>	2	1	3
<b>58</b>	3	1	4
<b>59</b>	2	1	3
<b>60</b>	0	0	0
<b>61</b>	0	0	0
<b>62</b>	1	0	1

Of all 42,175 participants currently registered, 25,527 (60.5%) are male and 16,648 (39.5%) are female.

## Age distribution of civilian participants

Age category (by year of birth)	Men	Women	Total
11 to 15 (born 2006 to 2010)	575	429	1,004
16 to 20 (born 2001 to 2005)	461	365	826
21 to 30 (born 1991 to 2000)	1,865	2,288	4,153
31 to 40 (born 1981 to 1990)	1,731	1,464	3,195
41 to 50 (born 1971 to 1980)	1,710	2,039	3,749
51 to 60 (born 1961 to 1970)	4,756	4,061	8,817
61 to 70 (born 1951 to 1960)	5,984	3,937	9,921
71 to 80 (born 1941 to 1950)	2,605	1,001	3,606
81 to 85 (born 1936 to 1940)	211	59	270
86 to 90 (born 1931 to 1935)	25	8	33
<b>Total</b>	<b>19,923</b>	<b>15,651</b>	<b>35,576</b>

## Numbers per distance

Registrations: 42,175

30km (blue) = 11,202 (26% of registered participants)

40km (yellow) = 16,869 (40% of the registered participants)

50km (red) = 8,298 (20% of registered participants)

40km (green) = 5,806 (14% of registered participants)

## Number of non-Dutch participants

In total, 15.5% (6,537) of the registered participants are not Dutch.

## Number of people born in 2010

For the 104<sup>th</sup> edition of the 4Days Marches, 176 of the registered participants were born in 2010; of these 111 are male and 65 female (63.07% male and 36.93% female).

## Number of first-time reward walkers

The number of participants registered to get their first reward is 15,414 (36.5% of all participants).

## Number of registered participants in a wheelchair

There will be 22 participants in a wheelchair in 2022.

*End of press release*

### **Note for editorial staff:**

For further information, please contact Babs Rijke of Stichting DE 4DAAGSE on +31(0)62 636 0635, or send an email to [communicatie@4daagse.nl](mailto:communicatie@4daagse.nl).