



## 2026 4Days Marches Regulations for Companions for Young Individual Participants

As adopted by the board on 27 November 2024, last modified on 15 October 2025

### Article 1

A companion is defined as a natural person aged eighteen or above. Such persons cannot be companions and at the same time participate in the event by walking the regulation or extended distance. A companion is not a participant as defined in the *Registration Regulations* and does not receive a reward.

### Article 2

One companion can be added to the registration. The companion walks with the young person (born in 2011, 2012, 2013 or 2014) during the marching days.

### Article 3

Where the companion is not the young person's parent, legal guardian or a first or second-degree blood relative, Stichting DE 4DAAGSE may require proof of identification of the companion, and/or the written consent of the young person's parent(s)/guardian(s) for the prospective companion to act for their child. The companion may be refused in the absence of such proof of identification and/or consent.

### Article 4

The companion must escort the young person when he or she registers in Nijmegen, and both the companion and the young person will need to present valid proof of identity.

### Article 5

During the marching days the companion shall continuously walk in the direct vicinity of the young person. To this end, he or she will start and finish at the same time as the young person and in any case shall enter the checkpoint directly accompanied by the young person.

### Article 6

The companion shall remain in the immediate vicinity of the young person during any breaks and/or whenever the young person requires care.

## Article 7

Where it is concluded that the companion has not walked and/or remained in the immediate vicinity of the young person during the four days of marching, the participation of the companion will expire. This will not affect the young person's participation.

## Article 8

The involvement of the companion will end in the event of the young person dropping out. In this case, the companion will remain responsible for escorting the young person until he or she arrives at the start and finish location.

## Article 9

The companion must be specified in the young person's registration no later than 15 July 2026 (17.00 hrs). After that, the companion can only be added at the Service Desk on the sign-in days. A fee will apply to companions for young people. This fee is yet to be determined. Adding the companion on one of the sign-in days is subject to an additional admin fee alongside the companion fee.

## Article 10

All regulations set down by or pursuant to the Rules and Regulations Governing the 4Days Marches shall apply (insofar as they are relevant) to the companion.

## Article 11

Any cases not provided for by these rules and regulations shall be decided by the board of Stichting DE 4DAAAGSE.

## Article 12

These regulations shall be referred to as the *2026 4Days Marches Regulations for Companions for Young Individual Participants*.