



2022 4Days Marches Regulations for Civilian Groups

As adopted by the board on 15 November 2021

Article 1: General

It is possible to participate in the 4Days Marches as a member of a group. However, such participation is subject to specific terms and conditions.

All regulations governing the 4Day Marches apply in full to all participants walking as a group.

Article 2: Conditions for group participation

At the start of the event on the first marching day, a group shall comprise at least eleven members registered by name. The right to participate shall expire if the group fails to meet the requirement of having at least eleven participants at the start. A maximum of 41 participants can be registered for a single group.

All members of the group must be recognisable as a group by wearing the same outfit, and walk the same distance together as a group in an orderly manner for the full duration of the 4Days Marches. This could result in some participants walking the extended distance instead of the regulation distance.

Civilian groups are not allowed to walk 40 kilometres with full kit instead of 50 kilometres. The 40-kilometre distance with full kit is only for military participants of the Dutch armed forces or foreign armed forces¹.

Article 3: Group registration period

Participants who want to take part in the 4Days Marches as a group must first register as an individual participant during the registration period starting at 10.00 hrs CET on Monday 14 February 2022 and ending at 17.00 hrs CET on Friday 25 March 2022. Groups can subsequently be formed from Tuesday 19 April. Participants can register groups up to 17.00 hrs CET on 30 June 2022.

Article 4: Forming a group

Groups are to register using the registration module at www.4daagse.nl/en. From 19 April, participants who have registered and paid the registration fee for the 104th edition of the 4Days Marches in 2022 can form groups. Details to be specified for all participants registering as a group include the name, date of birth and registration number. By 17.00 hrs CET on 30 June 2022, a group must comprise at least 11 members registered by name. If this

¹ The term military participants is understood to refer to servicemen or servicewomen who under the applicable military legislation and regulations belong to units of a Dutch or foreign military force.

condition is not met, the group will be disbanded and the members will walk the 4Days Marches as individual participants and be subject to the relevant regulations.

Article 5: Contact person and group leader

The group must be formed by a contact person, who can also add participants to the group and remove participants from the group. He or she shall be the organisation's sole point of contact, through whom all correspondence shall run. He or she is also the person authorised to make changes. It is the responsibility of the contact person to properly notify the group participants of changes he or she makes to the group.

The contact person shall specify a group leader for each group, who will monitor and promote compliance with the regulations during the 4Days Marches on the part of the group and anyone who may affect the group, and who will be responsible for the group at all times.

Article 6: Changes and additions up to the end of the group formation period

It is possible to make changes to the group between 19 April and 17.00 hrs CET on 30 June 2022.

During this period, a group member's registration can be converted back into an individual registration and a registered individual participant can be added to the group.

Stichting DE 4DAAGSE is authorised to verify the participant in question.

Article 9: Signing in on Sunday or Monday

As soon as possible after 30 June 2022, a confirmation of group registration will be sent to the contact person. The group leader is to report to the group registration desk at start and finish location De Wedren on either Sunday 17 July 2022 or Monday 18 July 2022 with this confirmation, to collect the bar code carriers (in the form of wristbands) and group documents.

In connection with checks to verify the identity of participants, the group leader should carry (photocopies of) documents proving the participants' identity.

No changes of any kind whatsoever can be made on the sign-in days.

Article 10: Walking behaviour

Groups will walk with two or three persons side by side, but with a maximum of two persons side by side when passing other groups, so as to minimise obstruction to other participants as far as possible.

Article 11: Entry

The procedure that groups should follow for starting and signing off is set out in the Regulations Governing Start and Sign-off. Groups start and sign off every day at the start and finish location. The finish on Friday is an exception to this rule, as the groups will receive their finish scan and rewards at sports park De Kluis. The subsequent entry along 'Via Gladiola' is part of the official route.

Article 12: Checkpoints

The group leader is responsible for ensuring that each group member is wearing the correct bar code carrier.

Checks will be made as to whether the group is complete at the start, at various intervals en route and at the finish. It should be noted that, as well as the planned checkpoints, there may also be additional, unexpected checkpoints. It is also emphasised that group participants should be able to prove their identity when requested to do so.

If the group is incomplete upon arrival at the checkpoint, any absent group members will be deemed to have withdrawn from the event.

Article 13: Companion

Any groups wishing to be joined by companions (who walk the entire route with the group) will need to submit a written request to the Service Desk. This request must explain why a companion is needed by one or more members of the group. Participation of companions is subject to the Regulations Governing Dispensation, while companions are subject to the Regulations for Companions for Young Individual Participants.

Article 14: Rest and/or treatment area

Any rest and/or treatment areas along the walking route must be set up before the route is closed to traffic. Vehicles can only leave a rest and/or treatment area after the route has been reopened to traffic. The relevant council or landowner must grant permission for such a rest and/or treatment area to be set up. In exceptional cases, an access sticker can be requested from Stichting DE 4DAAGSE, which will enable a vehicle to access the route. The terms and conditions for requesting such stickers and the associated request form can be found at www.4daagse.nl/en.

Article 15: Acceptance of these regulations

By registering to participate in the 4Days Marches the participant declares that he/she is familiar with and accepts the provisions laid down by or pursuant to these rules and regulations.

Article 16: Final provision

Any cases not provided for by these rules and regulations shall be decided by the board of Stichting DE 4DAAGSE.

Article 17: Citation provision

These rules and regulations may be referred to as the 2022 4Days Marches Regulations for Civilian Groups.